

# Approaches and challenges in monitoring and evaluating low energy housing refurbishments



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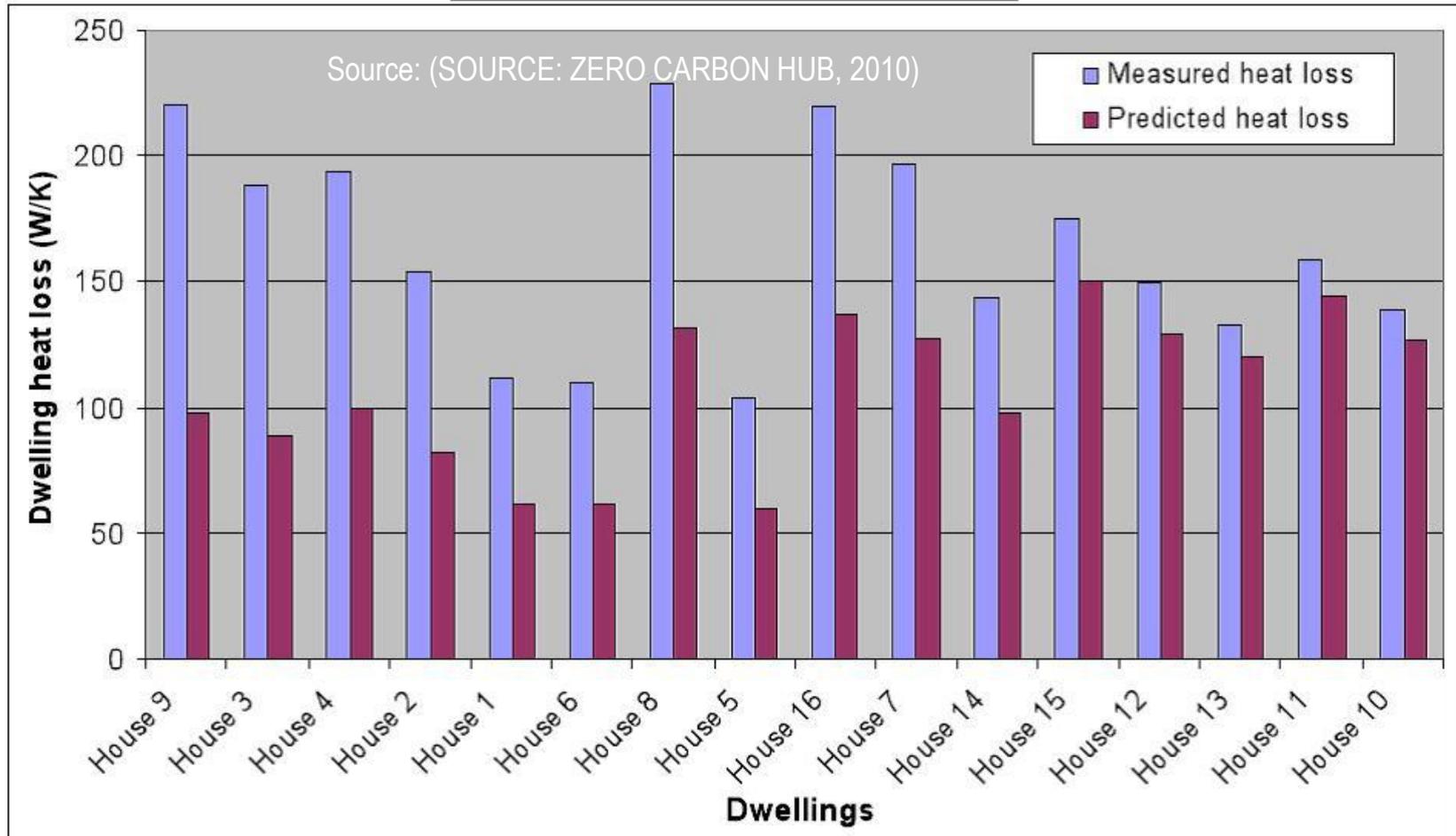
# Structure of Presentation

1. Background: Significance of M&E for low carbon refurbishment
2. Approaches and Techniques of M&E
3. Oxford Whole House Low Carbon Refurbishment Project: using an integrated M&E approach
4. Final thoughts: future challenges

# Background and context

# Credibility gap between predicted and actual performance

'As designed' and 'As built'



'As designed' and 'in use'

# Our approach

# Key elements of an M&E study

1. Post-construction fabric testing
2. Evaluation of handover process, user guide and review of commissioning of systems
3. Energy assessment and benchmarking
4. In-use measurement and monitoring of the physical environment
5. Occupant feedback survey

Post-construction and early occupation: 'As designed' and 'As built'

In-use stage:  
'As designed' and 'in use'

# M&E techniques: Pre- and Post-Refurbishment

Building performance evaluation	Technique	Pre-refurbishment	Post-refurbishment
<b>Post-construction fabric testing</b>	Infrared thermography (external façade, openings, corners, junctions)		
	Co-heating test		
	Air-pressure testing (air permeability rate and pathways of air leakage)		
	Photographic survey		
<b>Energy assessment and benchmarking</b>	CIBSE TM22 Energy Assessment approach		
	Degree day analysis, control charts		
	Benchmarking energy use and CO <sub>2</sub> emissions		
	Detailed energy survey		
<b>In-use measurement and monitoring of the physical environment</b>	Delivered energy (gas, electricity)- weekly/10-minute/smart metering		
	Detailed metering-appliance energy using plug-in meters/whole-house kit		
	Detailed metering-domestic hot water using heat meter / whole-house kit		
	Water consumption		
	Internal temperature, lighting and humidity – living rooms / bedrooms / hall		
	External temperature, lighting and humidity		
	CO <sub>2</sub> levels (internal air quality)		
	Daylight factor measurements using lux meter		
	MVHR system – electricity use of pump and air flow rate		
	Performance of low/zero carbon technologies - heat pump, micro-CHP, solar PV, solar thermal, micro-wind,		
<b>Occupant feedback survey</b>	Questionnaire surveys		
	Open-ended semi-structured interviews - occupants		
	Open-ended semi-structured interviews – design and build team		
	Activity log sheets of occupants – logging occupants activities		
	Heating schedule diary		
	Thermal comfort diary		
	Appliance energy usage questionnaire		
	Field observations of user behaviour		
	Occupants' video diaries		
	Focus groups		



## Oxford Whole House Carbon Reduction Project

Part of the Retrofit for the Future Programme  
Sponsored by the Technology Strategy Board

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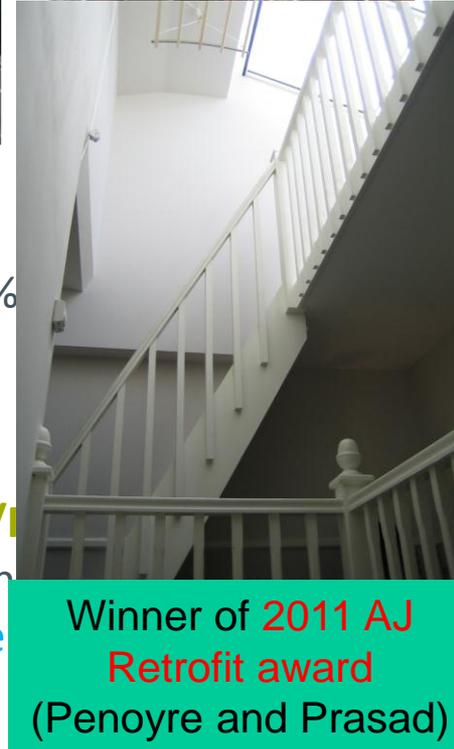
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# Exemplar deep whole-house refurbishment

# TSB Retrofit for Future programme: Deep whole-house low-carbon refurbishment



Winner of 2011 AJ  
Retrofit award  
(Penoyre and Prasad)

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## Oxford retrofit cuts energy consumption by 85%

Two council tenants in Oxford have had their home turned into a showcase for energy efficient technology.

Steve and Shirley Bishop are taking part in a research project looking at the best ways to reduce CO2 emissions in existing UK housing stock.



The Victorian property on Nelson Street has been retrofitted with a number of energy-saving measures

The couple have seen their energy consumption cut by 85% and hope to see bills drop from £600 a year to £150.

Project leader, Prof Rajat Gupta, from Oxford Brookes University said findings would inform future government policy.

The Victorian terraced property on Nelson Street has been fitted with a number of energy-saving measures and will be studied over a two-year period.

Mrs Bishop, who has lived there for 21 years, said the changes had improved her quality of life and even helped with her asthma.

She said: "It's bright warm, no draughts... the air quality is amazing, it's somehow fresher."

### Optimum technologies

There are 86 other houses across the country taking part in the government's Retrofit for the Future programme.

The information will be used to decide on the most cost effective ways of reducing carbon emissions.

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## ep – Nov 2009)

Monitoring and occupant feedback  
low-carbon retrofit strategies to achieve 80%  
ing

## entation followed by 2-years of monitoring/

Improvement and then low carbon/zero carbon  
and for energy by 60-75% using energy efficient  
low-maintenance 'fit and forget' approach

improve health, comfort, well-being of occupants

- User-centred solutions

# Whole House Retrofit – Oxford, TSB RfF

## 2-bedroom 19<sup>th</sup> century end-terrace, Oxford

Area : 76.9m<sup>2</sup>

House Orientation: South-West (front facade)

Walls: solid brick

Roof: timber trussed slate roofed

Ground floor: Concrete ground floor slab

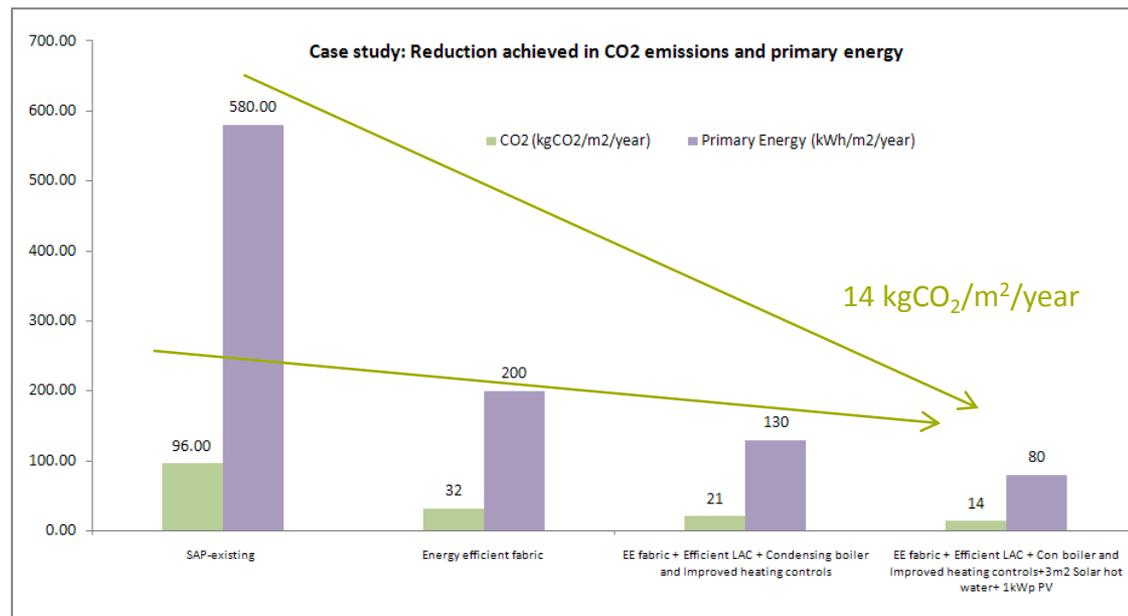
Windows: uPVC Double Glazed

Extensions: Two cavity brick walled extensions with flat roof and some refurbishment work

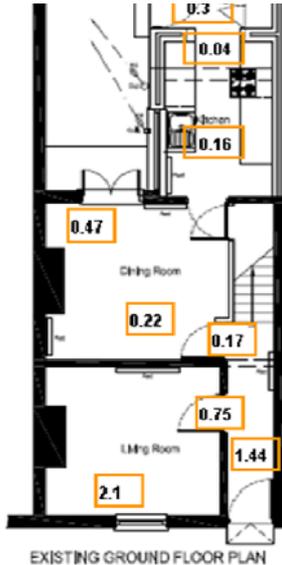


## Our M&E approach

- Pre-refurbishment M&E: helped to identify low carbon interventions for refurbishment
- Post-construction and early occupancy: to address the gap between 'as designed' and as 'built performance'
- In-use stage: to address the gap between 'as designed' and 'in use' performance



# What did the *Pre-refurbishment* M&E reveal?



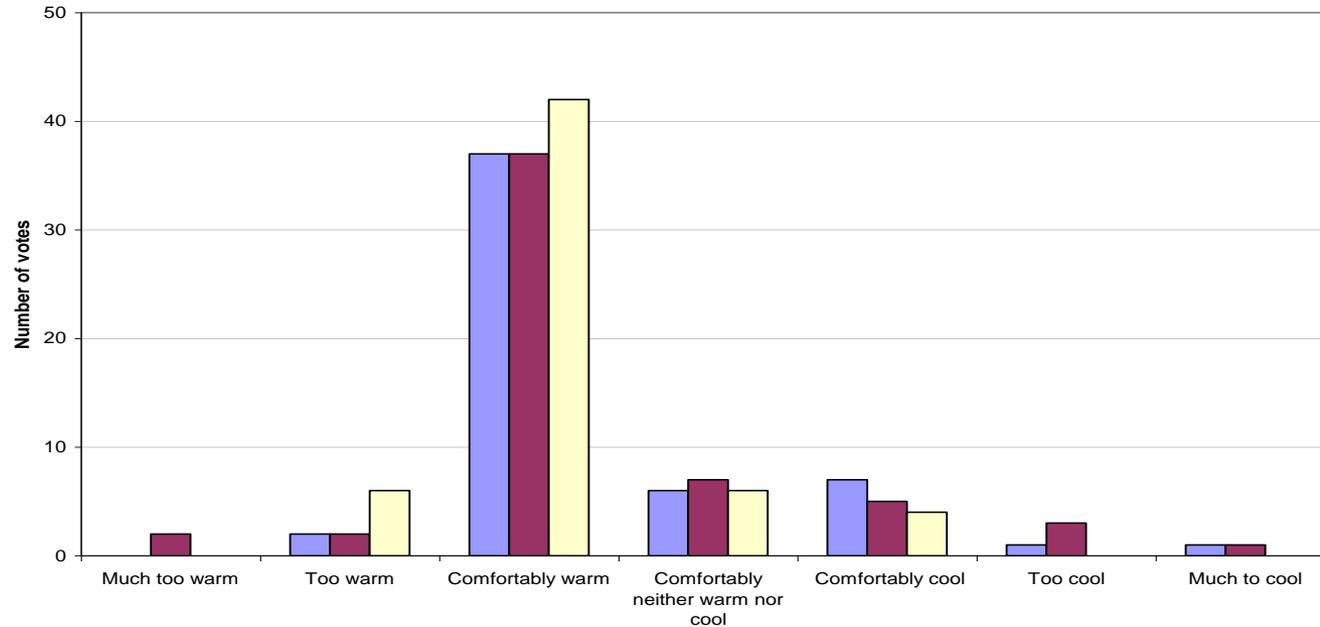
SAP model	Total consumption (kWh)
Gas	24,139.14
Electricity (Lighting +fans/ pumps)	802.52
<b>Total energy</b>	<b>24,941.66</b>



Bills	Total consumption (kWh)
Gas (29 Jan 08-28 Jan 09)	9465.16
Electricity (Lighting + fans/ pumps + appliances)	2481.00
<b>Total (energy only)</b>	<b>11946.14</b>

# What did the *Pre-refurbishment* M&E reveal?

Oxford Average temperatures (Degree Celsius)				
	External	Living room	Master bedroom	Rear bedroom
October	11.0	18.4	16.8	17.9
November	8.05	17.05	14.35	16.20



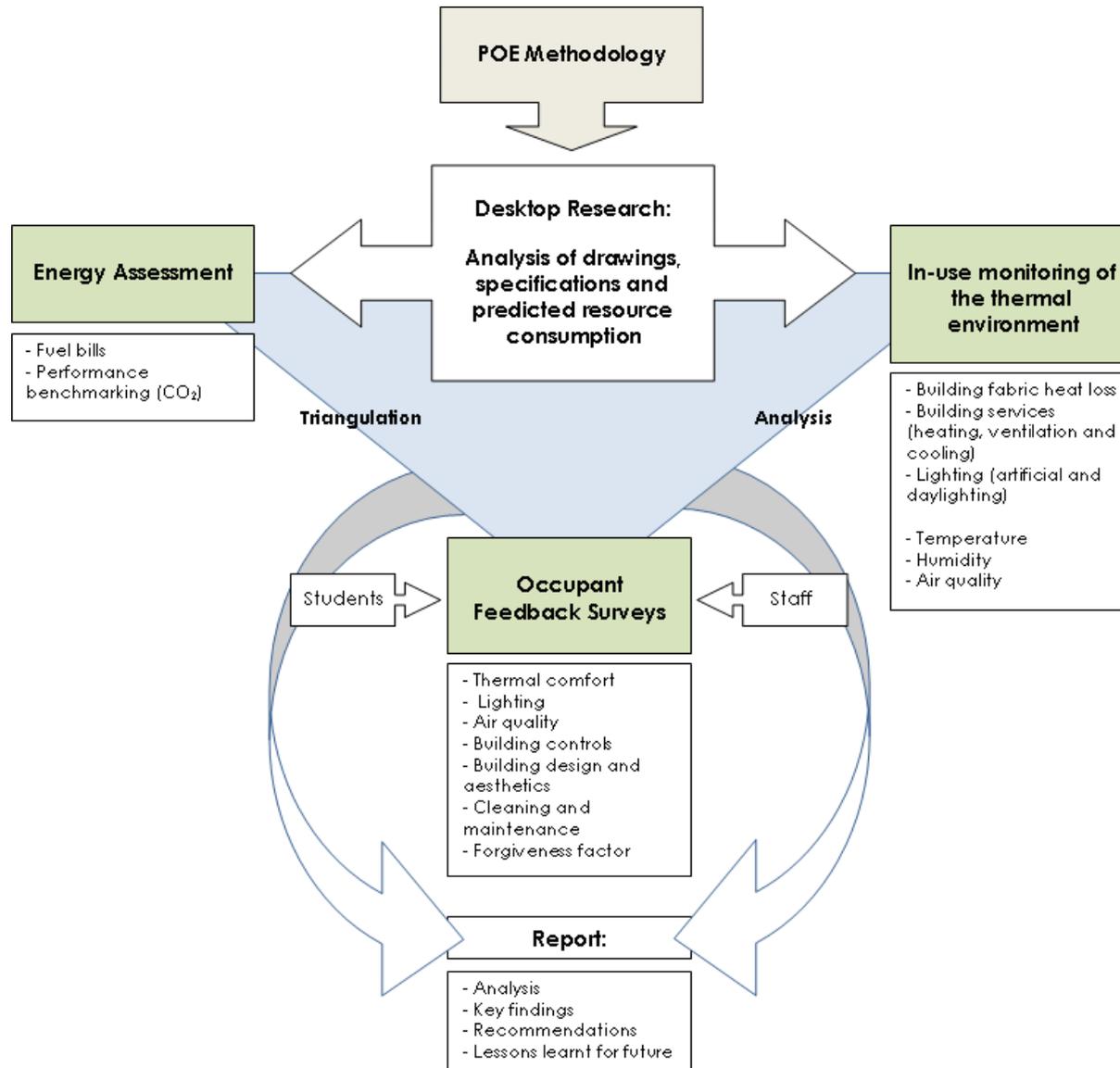
- High CO<sub>2</sub> levels: averaging at 1380ppm
- Low light levels: Daylight factor 0.2-0.4%
- Low internal temperatures: 14 -18 deg C
- High forgiveness factor
- SAP predictions were double actual consumption
- Occupants complained about a 'cold' house which was difficult to heat due to lack of insulation and rising fuel costs.

# How did this impact the effectiveness of the refurbishment?

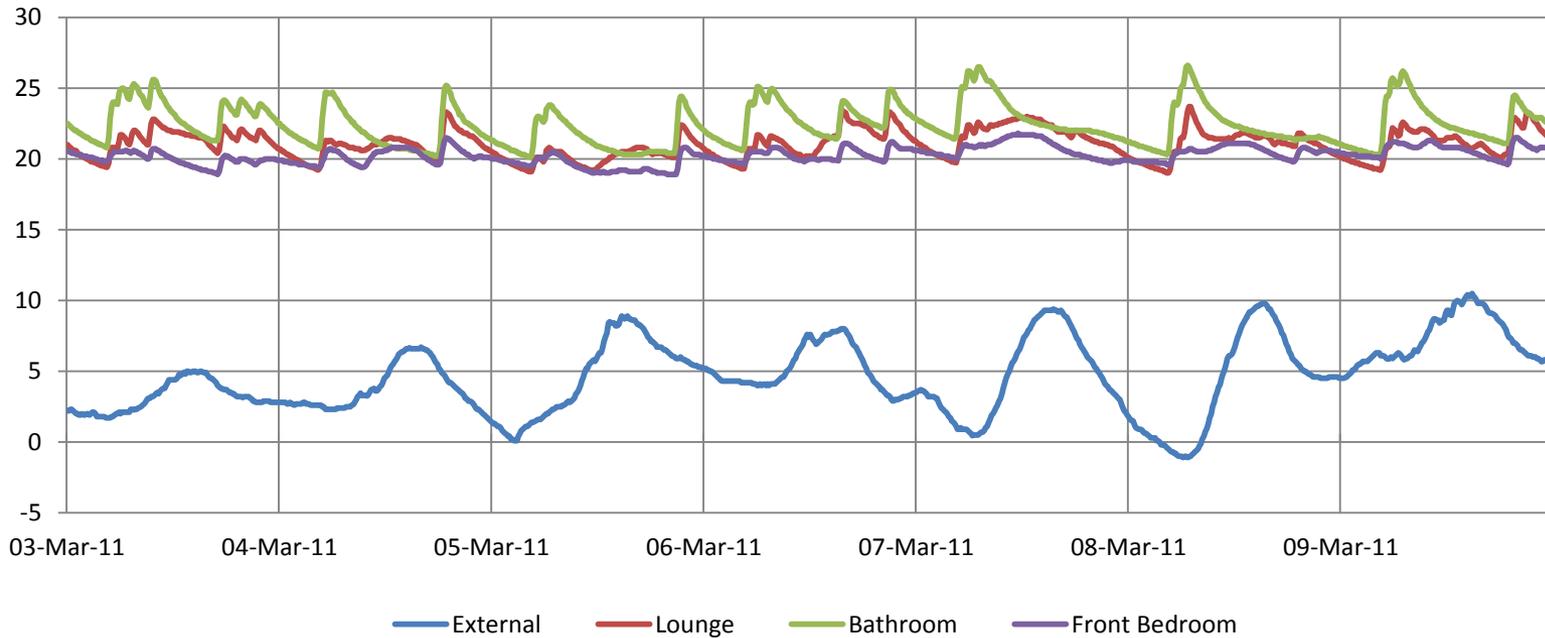
<b>Oxford: Key results</b>	<b>Interventions</b>
<ul style="list-style-type: none"> <li>• Poor levels of daylight in most rooms,</li> <li>• Average daylight factors of less than 1, except the master bedroom and living room.</li> </ul>	<p>Roof lights incorporated in design with good low U-values to minimise heat loss</p>
<ul style="list-style-type: none"> <li>• Poor indoor air-quality in the house</li> <li>• Windows were monitored for 28 days and found to be opened on an average for only 4 days.</li> </ul>	<p>Incorporate mechanical ventilation in the house to maintain indoor air quality levels,  Retrofit will lead to a well-sealed house further reducing natural air/ventilation pathways.  The effectiveness of the MVHR system will be monitored technically (air flow and electricity use of the pump).</p>
<ul style="list-style-type: none"> <li>• Un-insulated fabric</li> <li>• Difficult to heat house to comfortable temperatures</li> <li>• Lower than average gas bills as the occupants are very careful with the use of heating system, given the rising costs of gas.</li> </ul>	<p>Highly-insulated fabric,  Triple-glazed passivhaus windows and,  Efficient heating system</p>



# Post-refurbishment user guide and monitoring



# On going monitoring & feedback



# Post-refurbishment monitoring and post-occupancy evaluation

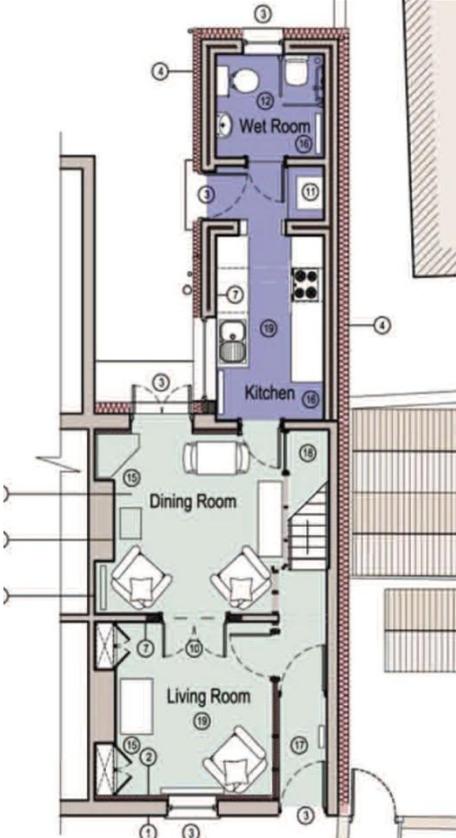


## What are the best aspects of the house?

- Extra daylight
- No draughts
- Temperature control and responsiveness
- Noise reduction
- Less dusty

## What are the worst aspects of the house?

- Lost storage space: spare bedroom replaced the attic as a storage place.
- Upstairs shower not working.
- Water temperature of the bath is too low.



**“We are generally very delighted.”**

# Overall conclusions: lessons and challenges

- M&E as a tool for continuous learning and improvement
- Helps to reduce the performance gaps between 'as designed', 'as built' and 'in-use' performance
- Differentiate between 'need to know' versus 'nice to have' when doing BPE
- Avoid **overcomplicating** monitoring & evaluation requirements
- Build **intelligent feedback** from monitoring - avoid information overload
- Think of the user interface issues with new technologies.

## Key challenges for M&E for housing refurbishment:

- Issues related to privacy
- Accounting for the increasing use of appliances by occupants.

